
Friday Update

Another successful week at Balliol. Year 5 shared their assembly and all of the work that they have been doing over the year with their parents, we are all very proud of them. We are also looking forward to Year 4 assembly next week.

Year 2 walk to the Spinney

Year 2 have eventually made it to The Spinney this week having waited for a dry school day! This walk was part of a geography fieldwork task and science topic. During the walk, they were able to look at different plants around the local area and record these on a map. They created their own key to record this and also revisited their knowledge of human and physical features.

Tiredness

We have a lot of children coming into school tired at the moment – Please make sure that your children have a good night's sleep and are not using devices in their rooms late at night. The recommended sleep time for 3-5 year olds is 10-13 hours and for 6-12 year olds is 9-12 hours.

Free School Meals

For many children and families circumstances may have changed. If you believe you may be entitled to Free School meals, please apply through Bedford Borough Council- [Apply for free school meals - Contact Information - Section 1 - Bedford Borough Council \(achieveservice.com\)](https://www.bedford.gov.uk/apply-for-free-school-meals)

Phone numbers and emergency contacts

Have you changed your phone number? It is important that you let us know at the school office so that our emergency contact information is accurate. As part of our safeguarding procedures, we require two emergency contact numbers.

If you have any questions or queries, please email the school office office@balliolschool.co.uk or call on 01234 300601



Have a lovely weekend, and we look forward to seeing everyone on Tuesday morning.