



Whole School PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception (2 lessons per week)	Introduction to P.E Unit 1 Fundamentals Unit 1	Introduction to P.E Unit 2 Gymnastics Unit 1	Fundamentals Unit 2 Dance Unit 1	Ball Skills Unit 1 Gymnastics Unit 2	Games Unit 1 Dance Unit 2	Ball Skills Unit 2 Games Unit 2
Year 1 (2 lessons per week)	Fundamentals Team Building	Ball skills Gymnastics	Sending and Receiving Dance	Net and Wall Target Games	Invasion Fitness	Athletics Yoga
Year 2 (2 lessons per week)	Fundamentals Team Building	Sending and Receiving Gymnastics	Ball Skills Dance	Invasion Yoga	Striking and fielding Target Games	Athletics Fitness
Year 3 (2 lessons per week)	Fundamentals Gymnastics	Ball Skills Dance	Netball Fitness/Circuits	Hockey Yoga	Cricket Dodgeball	Athletics OAA
Year 4 (2 lessons per week)	Basketball Fitness/Circuits	Tag Rugby Dance	Football Gymnastics	Tennis Dodgeball	Rounders / Baseball or CTS Cricket OAA	Athletics Handball
Year 5 (2 lessons per week)	Football Dance	Netball Gymnastics	Hockey OAA	OAA Fitness/Circuits	Athletics Badminton	Cricket or CTS Cricket Dodgeball
Year 6 (2 lessons per week)	Basketball OAA	OAA Gymnastics	Cross Country Volleyball	Tennis Handball	Rounders or CTS Cricket Dodgeball	Athletics Dance (leavers) Swimming?