

## **Eating plants**

Key Stage 1 • Science

Learn about the different parts of a plant and find out which of them we eat. Design your own meal of tasty fruits and vegetables.

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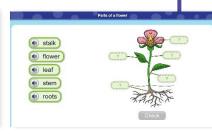


## Preview of pupil steps:

- 1. What plants do you eat? And what PARTS of a plant do they come from? Let's find out more!
- 2. Read or listen to this factfile about the different parts of the plant. Different parts have different jobs. Why is each job important?
- 3. Test your knowledge by doing this labelling activity.
- 4. Complete this sheet with the names of the different parts of the plant. Can you remember what each part does? Why not add that to the sheet too?
- 5. Have a look outside. Fill in this sheet with what the different parts of these plants look like.
- 6. Watch this video to find out which parts of different plants we eat. Which of these do you like to eat?
- 7. Which part of the plant do these different foods come from? Can you sort them into the right boxes?
- 8. What did you have for lunch or dinner?
  Which types of food on your plate came from plants?
  What part of the plant?







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